

Shining Stars Childcare, LLC

Infant Feeding Plan

Infant Feeding Plan

Child's Name - _____ Date of Birth - _____

Feeding Plan Start Date - _____

Instructions for Feeding:

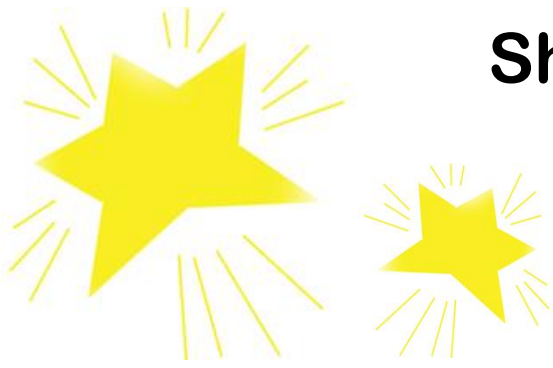
Introduce:	Date:	New Instructions:
Infant Cereal	_____	_____
Baby Food	_____	_____
Cow's Milk	_____	_____
Table Food	_____	_____

Other Notes

Parent/Guardian Printed Name

Signature

Date



Shining Stars Childcare, LLC

Safe Sleep Policy

Safe Sleep Policy

Sudden Infant Death Syndrome (SIDS) is the unexpected death of a seemingly healthy baby for whom no cause of death can be determined based on an autopsy, an investigation of the place where the baby died, and a review of the baby's clinical history. Shining Stars Childcare, LLC believes that a safe sleep environment for infants helps to lower the chances of an infant dying from SIDS, and that the parents and the child care provider should work together to provide a safe sleep environment. A signed safe sleep form will be added to the child's records.

Shining Stars Childcare, LLC follows these safe sleep practices:

1. Child care provider is current in safe sleep training
2. Infants will always be placed on their back to sleep unless there is a signed Alternative Sleep Position waiver in place – health care professional recommendation.
3. When babies can easily turn over from their back to their stomach, they will be placed to sleep on their backs and then allowed to adopt the sleep position they prefer. This is in accordance with the American Academy of Pediatrics (AAP) recommendations.
4. Sleeping child will be checked every 10 minutes for normal skin color, breathing, and normal body temperature
5. Children who are awake will not be confined for more than 15 minutes at a time in a crib, pack & play, high chair, swing or other equipment that inhibits freedom of movement. A child may sit at the high chair for longer than 15 minutes if the child is still eating.
6. Room temperature will be kept between 68 - 75° F and a thermometer kept in the napping area to ensure consistent temperature is maintained.
7. An individual playpen approved for infants and meeting Consumer Product Safety Commission (CPSC) standards with a firm mattress and tight fitting sheet will be used.
8. Sleeping area will be free from blankets, pillows, bumper pads, toys, stuffed animals and any other materials that could suffocate.
9. Pacifiers will be offered to infants when they sleep (unless parents direct otherwise). If the pacifier is refused, infant will not be forced to take it.
10. Only one infant in the crib at a time, unless evacuating infants in an emergency.
11. No smoking is allowed on child care provider's property. Children will not be exposed to second hand smoke.
12. Parents/ guardians will receive a copy of this safe sleep policy.
13. To promote healthy development, awake infants will be given "tummy time" for exercise and play for up to 20 – 30 minutes each day.
14. Infants who fall asleep in a car seat, bouncy seat, swing, high chair or other piece of equipment not approved for sleep must immediately be moved to their approved sleeping area and placed to sleep on their back.

I have read and understand Shining Stars Childcare, LLC's safe sleep practices.

Parent/Guardian Printed Name

Signature

Date